

What is CanSkate?

- Skate Canada's official learn-to-skate program for beginners of all ages
- Builds core skating skills: balance, control, and agility
- Ideal for recreational skaters or those preparing for hockey or figure skating

How it Works:

- Taught by certified professional coaches with support from trained program assistants
- Follows a 6-stage nationally recognized skill progression
- Group lessons with a maximum 1:10 coach-to-skater ratio
- Uses upbeat music, teaching aids, and fun activities to keep skaters engaged
- Skaters earn badges and ribbons as they reach new milestones
- Please read class descriptions carefully to select the best option for your skater

Group Placement:

- Skaters are grouped by age and ability—not by CanSkate stage
- Group colors help organize skaters but do not indicate level
- Groups are reassessed each season and may be adjusted in the first few weeks to ensure the best fit

Assessment & Progression:

- Assessments take place regularly throughout the season
- Skaters progress at their own pace—not all will pass a level each session
- When a stage is completed, badges or ribbons are handed out that day or within a few sessions
- Attendance, effort, and consistent practice all affect progress
- Higher stages typically take longer, as skills become more advanced
- Missing several classes may delay or prevent assessment

IMPORTANT REGISTRATION NOTES

The annual Skate Canada Membership Fee is **\$63.70** and covers registration, Safe Sport, and insurance. Register only when your group opens. Early registrations will be removed.

Register online at HalifaxSkatingClub.com and review the club policies before registering. Questions: halifaxskatingclub@gmail.com. Replies will be delayed from **August 15 to 24**.

REGISTRATION OPENS

Returning Members and Siblings

August 11 at 5:00 PM

Waitlisted Skaters

August 14 at 5:00 PM

General Public

August 21 at 9:00 AM

If a session is full, join the waitlist. We will offer available spaces before programs begin on **September 8**.

Fall 2026

Including:

**PreCanSkate, CanSkate,
Teen CanSkate and Junior Academy**



HALIFAX
Skating Club

FALL LEARN TO SKATE Programs

Programs for all levels

-  Starting at Age 3+
-  Learn to Skate and Figure Skating Programs

 CanSkate PatinagePlus



All Skaters
— are invited to participate in our —
Club event on December 20th -
World Ice Skating Day

Details TBA



Fall 2026 Learn-to-Skate Programs



Required Equipment for All Skaters

- Supportive figure skates or hockey skates. Plastic buckle skates are not permitted.
- A CSA-approved skating, hockey, or ski helmet that buckles securely. Bike helmets are not permitted.
- Face shields are required for all Pre-CanSkate participants.
- Gloves or mittens.
- Skates and helmets are not provided. Rentals are not available.
- Please dress skaters in comfortable clothing that allows them to move, fall, and get back up easily. Jeans are strongly discouraged.



Parent or Guardian Requirement

A parent or guardian must remain at the rink during the session. Your skater may need help with their skates, support after a fall, assistance finding the correct group, or comfort from a familiar adult.



**CanSkate
PatinagePlus**

Pre-CanSkate / Stage 1

Ages 3–6*

Sundays Sept 13—Dec 13 + World Ice Skating Day Dec 20th

For young skaters with little or no skating experience. Skaters learn basic movement, safe falling, balance, and gliding in small, coach-led groups. Trained Program Assistants are on the ice to support skaters. Parents do not go on the ice.

Skaters may work on skills from more than one level. Once skaters complete Pre-CanSkate, they will begin working on Stage 1/2 skills.

Do not register for back-to-back sessions.

Sunday PreCan - Session A: 2:30–3:00 PM | 15 weeks | \$150
Sunday PreCan - Session B: 3:00–3:30 PM | 15 weeks | \$150

CanSkate

Ages 5+*

*Thursdays Sept 10–Dec 17 + World Ice Skating Day Dec 20
Sundays Sept 13–Dec 13 + World Ice Skating Day Dec 20*

For skaters aged 5 and older, or younger skaters with previous skating experience. Skaters are grouped by ability and work on CanSkate skills from Stages 1–6. Sessions include group lessons led by professional coaches, with trained Program Assistants supporting each group. Parents do not go on the ice. Skaters should register based on their current CanSkate stage. Teen CanSkate is designed for skaters aged 10–18.

Teen CanSkate	Thursday	Ages 10–18:	5:30–6:15 PM 15 weeks \$200
CanSkate Session A	Thursday	Stage 3+:	5:30–6:15 PM 15 weeks \$200
CanSkate Session B	Thursday	Stages 1–3:	6:15–6:55 PM 15 weeks \$180
CanSkate Session C	Sunday	Stage 1+:	1:45–2:30 PM 15 weeks \$200
CanSkate Session D	Sunday	Stage 2+:	3:40–4:25 PM 15 weeks \$200

Junior Academy: Introduction to Figure Skating

Ages 10 and under | By invitation only | \$580

For skaters who are still developing CanSkate skills and show a strong interest and potential in figure skating. Skaters are introduced to jumps, spins, edges, and choreography through small group lessons led by certified coaches. Skaters are assessed and selected through the CanSkate program. To request an assessment, please contact the club.

Skaters must attend both weekly sessions. The program fee includes all coaching, on-ice training, and off-ice training.

Tuesdays: 5:05–7:00 PM September 8 to December 15 | 15 weeks

Includes off-ice training and shared ice with advanced skaters.

Sundays: 3:00–4:25 PM September 13 to December 13 + World Ice Skating Day Dec 20 | 15 weeks

Includes figure skating development and a CanSkate session, with a 10-minute break from 3:30–3:40 PM.